ABSTRACT

The invention provides an image recording method and a lithographic printing method in which both high image quality and good fine line reproducibility can be achieved, and high sensitivity and safety under white light can be obtained, and the image recording method for a lithographic printing plate, which comprises imagewise exposing with an imaging time per pixel of 1 millisecond or less using a laser light with an emission wavelength of from 250 nm to 420 nm, wherein the lithographic printing plate precursor comprises a support and an image recording layer, in which the image recording layer contains (A) a polymerization initiator and (B) a polymeric compound and has an image recording layer which is photosensitive in a wavelength of from 250 nm to 420 nm, and the support has an anodized film with sealed micropores on the surface; and a lithographic printing method utilizing the same.